

Week 11

Chapter 4

## READ & LISTEN Ephesians

Take some time to read or listen to Ephesians.

If you're on the go or need an audible version of the Bible, why not try the YouVersion Bible App. You can find the app by heading to renewalcc.com/bibleapp.

## THINK & PRAY

Ephesians 4:32

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

## LEARN & LIVE

I don't know about you, but I see the prompt of kindness everywhere. People are really trying hard, it's on sweatshirts, it's on memes, it's everywhere that people go to. But, in itself, it's a rather hard thing to do. If somebody cuts you off on the road, what's your first reaction? If somebody says something unkind to you, what is your first reaction? I think that the key to this scripture is in the second part, when we move away from trying to do it in our own strength, but then rather... putting the focus on realising how much God had forgiven us.

If we first focused on how much God had forgiven us and it became a reality for us then how easy would it then be not through your own strength but through His strength to look at somebody through the eyes and the lens of the love of Jesus Christ.

