

Week 5

Chapter 4

## READ & LISTEN Ephesians

Take some time to read or listen to Ephesians. If you're on the go or need an audible version of the Bible, why not try the YouVersion Bible App. You can find the app by heading to renewalcc.com/bibleapp.

## THINK & PRAY Ephesians 4:23

"...to be made new in the attitude of your minds"

## LEARN & LIVE

Our scripture reading for today is from Ephesians 4:23, instead, let the spirit renew your thoughts and attitude. Renewing our thoughts and our attitudes is a constant. Our thoughts never stop coming, we are daily confronted with more knowledge more input, more influence – and where do we ground ourselves? Where do we ground ourselves with this overload of everything that is contending with our thoughts? It's so simple, it says let the Spirit renew you. First of all, I want to say this is daily and we have to go again and remind ourselves that despite all the influence and the input that can sometimes be amazing we still have to go back to God.

We still have to find the moment to be still before the Lord and allow Him to influence, to digest, to make sense of and then choose a thinking that is His way and not the way of everybody else around us.

