



Groups

Welcome to Renewal Groups

At Renewal, we're passionate about helping people build relationships and bringing people together. We want to grow connections and serve our communities, our families, neighbourhoods and workplaces. We love being together: digging deeper into Bible study, supporting those in need, enjoying hobbies together and much more.

Our groups run seasonally from September to July. Some groups are courses, and run for shorter periods. This enables you to become part of groups for different stages or seasons in your life.

I hope that reading this will encourage you to become part of a group – or even consider leading one!

May God bless you.

Karen Van der Poll
Assistant Pastor for Groups

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Why we have groups

Groups help people to become a connected, growing and healthy community. Groups are where we care for each other, grow in our faith and reach out to serve our church and our communities.

We know one size doesn't fit all, which is why our groups are all different. People are drawn together by shared interests or goals, and there is a place for everybody.

Find your people.



Scan the code
to find out more

Groups bring people together

Our groups

All our groups fit into one of six categories that we call 'collectives'. Collectives make it easy for you to find the group you'd like to be a part of.

Collectives create opportunities for groups to come together for events – such as all the family groups meeting for a picnic, or cultural groups getting together for an international celebration.



Life Groups

From the young to young at heart, covering all ages and stages.

[Find out more on Page 7](#)



Support Groups

A safe space for support through the ups and downs of life.

[Find out more on Page 9](#)



Workplace Groups

Connecting professionals; helping you in your sphere of influence.

[Find out more on Page 11](#)



Outreach Groups

Serving our community, having fun and helping those around us.

[Find out more on Page 12](#)



Growth Groups

Growing faith by digging deeper into the Bible and life's big questions.

[Find out more on Page 13](#)



Interest Groups

Enjoying sport, leisure and creative hobbies with like-minded people.

[Find out more on Page 15](#)

Life Groups

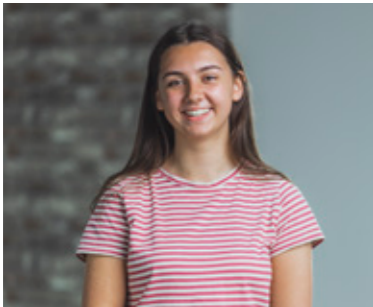
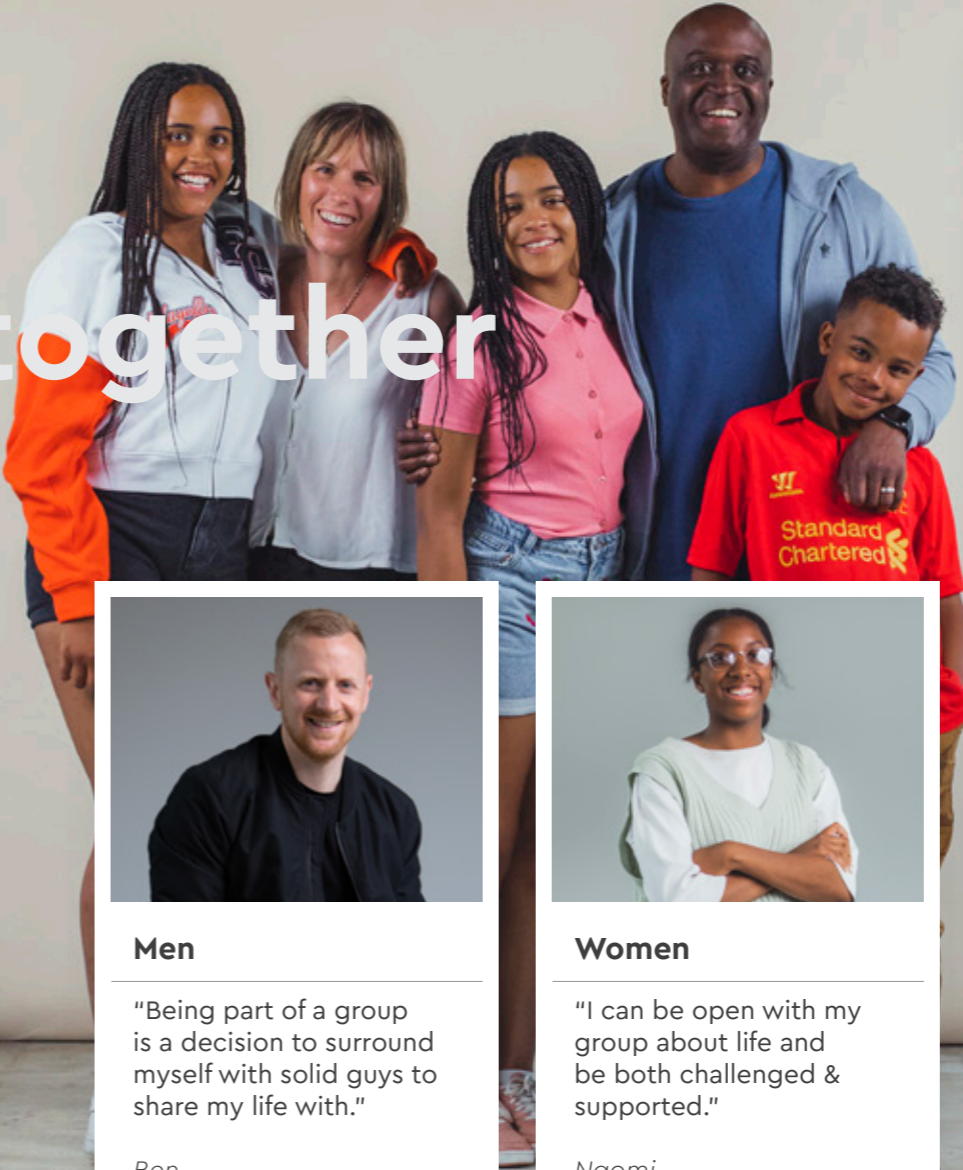
We have all ages and stages in our life groups from the young to young at heart. Become part of a group and find real connection.

There are several types of life groups available in each category. Here's why these people love their group:



Scan the code to find out more

Doing life together



Young Adults

"Being part of YA is great for support and a good laugh at a time when I'm navigating into adult life"

Caitlyn



Mixed Adults

"We love connecting, praying, having fun and looking out for each other's needs"

Stephen & Sarah



Senior Adults

"Being with like-minded people keeps me grounded. I can be myself and share heart."

Althea



Men

"Being part of a group is a decision to surround myself with solid guys to share my life with."

Ben



Women

"I can be open with my group about life and be both challenged & supported."

Naomi

Families

"It is amazing to be part of a family group. There is a sense of belonging and feeling part of something, like you have a new family where people really know each other and look out for each other. The opportunities for our children to get to know others in the church is so meaningful, as it gives a solid foundation for them to grow up in the faith with a biblical foundation and friends who believe what they do. We know people in our group are there for us, and it's incredible to be able to pray for each other and for others outside the group. We have a non-confrontational environment where anyone is welcome, whether they're in church or not and we can invite people who may not normally be part of a big gathering."

Cliff & Jo

Find a life group at renewalcc.com/groups

Support Groups

Our support groups are there to help you through the ups and downs of life. Mental well-being, support in pregnancy and parenting, bereavement and relationship support are just a few of the things on offer.

Relationships

Preparing for marriage, couple to couple mentoring, marriage strengthening, divorce and separation course.

Parenting

Groups designed to help and equip parents, from fostering and adopting, to toddler and teenage parenting.

Bereavement

Groups for people experiencing loss, whether the loss is a parent, child, partner, friend or family member.

Lifestyle & Wellbeing

Offering help for life's challenges such as addiction recovery, mental wellbeing and dementia support.

Together through the ups & downs



Scan the code to find out more

Find a support group at renewalcc.com/groups



Wellbeing Through Faith Group

Wellbeing Through Faith is a six week course which brings together psychological tools with a biblical viewpoint to help us to improve our mental and emotional wellbeing.

"For a long time I have wanted to bring together mental health and the Christian faith. Seeing many broken people while working in mental health only fuelled this desire to offer them the hope I had personally found in God. I have found peace in knowing Him in some of my hardest and darkest times.

I realised how important it is to view both ourselves and God healthily, but that this can take time and is a journey for everyone. By using psychological methods and wellbeing tips, I believe anyone can journey to wholeness in God."

Rachel

Workplace Groups

Connecting
you with
other
professionals

Business people, lawyers, teachers, healthcare professionals and entrepreneurs – these groups connect you with others in similar workplaces, helping and motivating you in your sphere of influence.

Healthcare with Hope Group

"Being connected with others that understood the challenges strengthened my faith and was a great source of encouragement."

The Healthcare with Hope Group meets three times a year and aims to support individuals and impact healthcare through connection, prayer and support."

Geno

Find workplace and outreach groups at renewalcc.com/groups

Outreach Groups

Reaching
our
community
together

Our **community outreach** groups serve people through group projects, events and day to day activities. Our **cultural outreach** groups bring people together for friendship, guidance & specialist support.

South African Group

"Moving to a new country is a daunting process and the reality is that you need as much help as you can get as you adapt to your new home.

Being part of a group of people with similar stories and backgrounds to our own really helps, not only in settling in with support and guidance but also when things get tough.

Our new friends have become like family as we merge into UK culture."

Georg

Growth Groups

Whether you're just exploring Christianity or want to dig deeper into God, the Bible and life's big questions, our growth groups are here to help you develop your faith.

Leadership

Invest in leaders to continue to grow and develop.

Bible Studies

Find out more about the Bible – and dig deeper into any of our topics.

Prayer

Explore everything about prayer and spend time in prayer with others.

New Believers

Discover Christianity and start your journey into faith.

New Believers: Alpha Group

"What would becoming a Christian look like, had I got God wrong and what was the true meaning of life? Alpha helped me answer these questions and many more. My Alpha group ran online and despite initial reservations, it's one of the best decisions I've ever made.

I instantly felt safe within my group, thanks to the most amazing leaders who were down-to-earth and 'real' people who I could trust. Within a couple of weeks, I felt a strong connection to the other members of the group too and I looked forward to Wednesday evenings. It was my safe space; a place where I felt totally at ease to be myself and share my feelings about both my faith (and lack of it) and life in general. It was here that I realised what had been missing in my life; that emptiness, discontent, and despair were all the result of me turning my back on the person who loved me the most. God never left me, he was just waiting patiently for me to reconnect and when I did, I felt more loved than I ever thought was possible.

Two years on, I'm so grateful for this group and I've made life-long friends. I genuinely feel part of a loving family at Renewal. There are so many people in my life who I can turn to for support and guidance, without fear of judgement, and if I'm feeling lost or down, they are my go-to people."

Rachel

Question Discuss Connect Learn



Scan the code
to find out more

Find growth groups at renewalcc.com/groups

Interest Groups

Groups range from golf to theatre, painting to creating and backgammon to singing.

This is where you can meet like-minded people to hone your skills, enjoy culture, play a sport, or set new challenges.

Sport

From golf to trail running, table tennis to football, be active and healthy together.

Leisure

Groups that meet to enjoy their hobbies – discuss books, play games and enjoy music.

Creative

Discover and grow in creativity, such as photography, art production and poetry.



Scan the code
to find out more

Find interest groups at renewalcc.com/groups

Share your interests together

Worship Space

"The time I feel closest to God is when I'm worshipping Him through music. I set up this group so that myself and other singers and musicians can enjoy an evening of uninterrupted worship once a month. We sing and make music for a couple of hours as well as sharing stories, bible readings and prayers. It's great to have the space for a relaxed worship time, where we can experiment with different songs and play our favourites, old and new. I have had the opportunity to push myself and play other instruments and we always encourage different singers to grab the mic and be creative."

Mike

Become part of a group

We have an up-to-date list of all the groups you could be a part of on our website.

Visit renewalcc.com/groups and search by day of the week, category, location or interest to find the right group for you.

When you've found the group you like the look of, tap 'sign up', fill in your details and a member of our team will be in touch to connect you to the group.

If you can't find what you're after, contact our office on **0121 711 7300** or email us at groups@renewalcc.com.

When groups meet

Groups officially run between September and July, with a summer break.

Meetings are flexible through the week to meet the needs of the group. Pick a day and time!

Where groups meet

Homes, coffee shops, parks, sports clubs, online or at a Renewal location: groups meet anywhere!

Start a group

Do you like bringing people together? Why not start a group?

If you're part of the Renewal family and interested in starting a group we'd love to hear from you.

Send us an email at groups@renewalcc.com and we'd love to connect with you.



Scan the code
to find out more





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