



# Ground Rules

1. God is to be at the centre of this programme and all discipleship must be in alignment with Renewal's Core Beliefs.
2. This is not counselling or pastoral care – If you feel this type of support is needed then we advise you to contact the Pastoral Care Team before you commence with this programme.
3. The Spiritual Mentoring Programme must involve prayer - Mentors, please pray for your mentee regularly, and be open to praying with your mentee - but remember that this must also be led by the mentee, not the mentor.
4. Mentors are to challenge, bring a different perspective, and be a sounding board to their mentee as well as offer support and guidance.
5. Relationships must be based on mutual trust and respect and entered into with good intentions and an open mind.
6. **Privacy:** The content of mentoring conversations should be respected and remain private between both parties. We therefore ask that you demonstrate a level of trust with each other and not repeat what is shared at your sessions outside of this relationship.

However,

**Confidentiality** cannot be an absolute. Whilst we ask that each party uphold confidentiality, there may be circumstances, due to what is shared, when this cannot happen. Please refer to the enclosed Confidentiality Policy.

7. Mentors must be partners or known to Renewal.
8. Each mentoring partnership will last for 6 months. Ideally you should aim for one mentoring meet every four weeks, but contact is allowed in between if agreed.
9. Logistics. Do decide together, how, where and when you going to meet or hold your meetings. Would an online session enable you to meet more frequently perhaps.
10. Both mentor and mentee are to agree a way to be contacted and exchange details.
11. Each session should be between 1-2 hours max unless otherwise agreed. Respect each other's commitments.
12. Objectives should be set at the first meeting regarding what the mentee would like to achieve by the end of the 6 months – for example, to grow in faith, focus on areas for spiritual development.
13. Provide Feedback! This is a two way relationship. Do feed back to each other how it is going.
14. Ensure you know who your Woman to Woman point of contact is. You will receive these details after the launch event.
15. This is not to replace or compete with being part of a group, or any commitments to serve on a team; please keep doing these things as well during the Mentoring process as this is here to add another level of support and input to your life!

And remember to **HAVE FUN!**

**Renewal Solihull**  
**Lode Lane, Solihull, B91 2JR**  
**E I women@renewalcc.com**  
**P I 0121 7117300**

Renewal Christian Centre, Lode Lane, Solihull, B91 2JR.  
Charity Number 1117019. Registered in England & Wales No. 5996380.

