



Freedom – Week 4 – Release

Connect and review	Notes
<p>Recap of last week. The objective this week is to be released into a purposeful Christian lifestyle.</p> <p>Inspire and engage</p>	
<p>Complete freedom in Christ is an act of individual willingness to seek release and to be obedient to God’s will. God never imposes, never pressurises, never criticises or holds grudges but is always willing to meet us where we are. He never changes (Hebrews 13:8) – it is us who do the moving away or towards Him! Let us be determined to “stand fast therefore in the liberty by which Christ has made us free...” Galatians 5:1.</p>	
Explore and apply	
<p>Explore Read James 1:21-27. What can we learn from these Scriptures?</p> <p>Advantages of freedom: Think of some ideas.</p> <p>Pitfalls to avoid:</p> <ul style="list-style-type: none">• Comparing yourself with others• “Once” set free always set free! No, it’s a daily challenge.• Letting thoughts determine actions <p>Our guide is the Holy Spirit who is our teacher, comforter etc, John 16:5-15 especially verse 13.</p> <p>Apply</p> <p>How can this Scripture be applied to our lives today?</p>	
Reflect and review	
<p><i>Personal reflection:</i> Have I learned about my part in being set free?</p> <p><i>Suggested activity:</i> Keep a personal journal of your walk with God as you listen to His promptings. Make a note of the date, your thoughts and actions. Then regularly look back over these and see how you have grown and rejoice in your journey so far.</p> <p>Don’t give up – there are always many more blessings to come!</p>	