



Identity– Week 4 – How do I connect with others?

Connect and review		15 mins
	Recap of last week. In pairs/groups take one of security, self-worth or significance and try to identify where they have seen this in others they meet daily – no names mentioned! How does it manifest itself? The objective this week is to know how to make connections with others.	
Inspire and engage		20-25 mins
These notes are for a starting point – you can add your own ideas and present them in your own style.	Look at Jesus our role model. Luke2:52; Mark 1:1-35: John 17 He was attractive to others and always spent time with His Father. He displayed empathy, showed compassion, revealed love and oozed humility. He was never in a hurry, knew the Scriptures (Matthew 4:11) and was strong in the Spirit (Luke 1:80). He was not patronising, condescending, compromising or ignorant.	
Explore and apply		30 mins
These exercises are in the attendees' notes. As you consider each in small groups or pairs allow 1-2 groups for short feedback before moving to the next exercise.	Explore Read Philippians 2:1-4 and 14-15. What can we learn from these Scriptures? <ul style="list-style-type: none">- Allow love to pervade all things v2- Show comfort and compassion v1- Be humble (have a servant's heart) v7- Don't grumble or argue v4- Be joyful v2 How does Jesus help us to build relationships with others? Apply Reaching out to others is commanded and commissioned by God. We apply our compassion and commitment. Thus, we become witnesses and do the work of an evangelist.	
Reflect and review		
This area is vital to see how much has been taken on board. Make sure each one in the room (including you) has at least one action point to leave with!	<i>Personal reflection:</i> Have I learned what it takes to connect with others? <i>Suggested activity:</i> Keep a personal journal of your walk with God as you listen to His promptings. Make a note of the date, your thoughts and actions. Then regularly look back over these and see how you have grown.	