



Groups

Welcome to Renewal Groups

At Renewal, we're passionate about helping people build relationships and bringing people together. We want to grow connections and serve our communities, our families, neighbourhoods and workplaces. We love having fun doing the things we enjoy together: walking mountains, watching the footy, reading books, discussing films, making art and much more.

Our groups run seasonally from September to July. Some groups are courses, and run for shorter periods. This enables you to join groups for different stages or seasons in your life.

I hope that reading this will encourage you to join a group – or even consider leading one!

May God bless you.

Karen Van der Poll

Assistant Pastor for Groups

What's inside

Why we have groups	Page 3 – 4
Our groups	Page 5 – 6
Life groups	Page 7 – 8
Support groups	Page 9 – 10
Workplace groups	Page 11
Outreach groups	Page 12
Growth groups	Page 13 – 14
Interest groups	Page 15 – 16
How to join a group	Page 17
How to start a group	Page 17

Why we have groups

Groups help people to become a connected, growing and healthy community. Groups are where we care for each other, grow in our faith and reach out to serve our church and our communities.

We know one size doesn't fit all, which is why our groups are all different. People are drawn together by shared interests or goals, and there is a place for everybody.



Groups bring people together



Scan the code
to find out more

Our groups

All our groups fit into one of six categories that we call 'collectives'. Collectives make it easy for you to find the group you'd like to be a part of.

Collectives create opportunities for groups to come together for events – such as all the family groups meeting for a picnic, or cultural groups getting together for an international celebration.



Life Groups

From the young to young at heart, covering all ages and stages.

[Find out more on Page 7](#)



Support Groups

A safe space for support through the ups and downs of life.

[Find out more on Page 9](#)



Workplace Groups

Connecting professionals; helping you in your sphere of influence.

[Find out more on Page 11](#)



Outreach Groups

Serving our community, having fun and helping those around us.

[Find out more on Page 12](#)



Growth Groups

Growing faith by digging deeper into the Bible and life's big questions.

[Find out more on Page 13](#)



Interest Groups

Enjoying sports, leisure and creative hobbies with like-minded people.

[Find out more on Page 15](#)

Life Groups

We have all ages and stages in our life groups from the young to young at heart. Join a group and find real connection.

There are several types of life groups available in each category. Here's why these people love their group:



Scan the code to find out more



Young Adults

"Being part of YA is great for support and a good laugh at a time when I'm navigating into adult life"

Caitlyn



Mixed Adults

"We love connecting, praying, having fun and looking out for each other's needs"

Stephen & Sarah



Senior Adults

"Being with like-minded people keeps me grounded. I can be myself and share heart."

Althea



Men

"Being part of a group is a decision to surround myself with solid guys to share my life with."

Ben

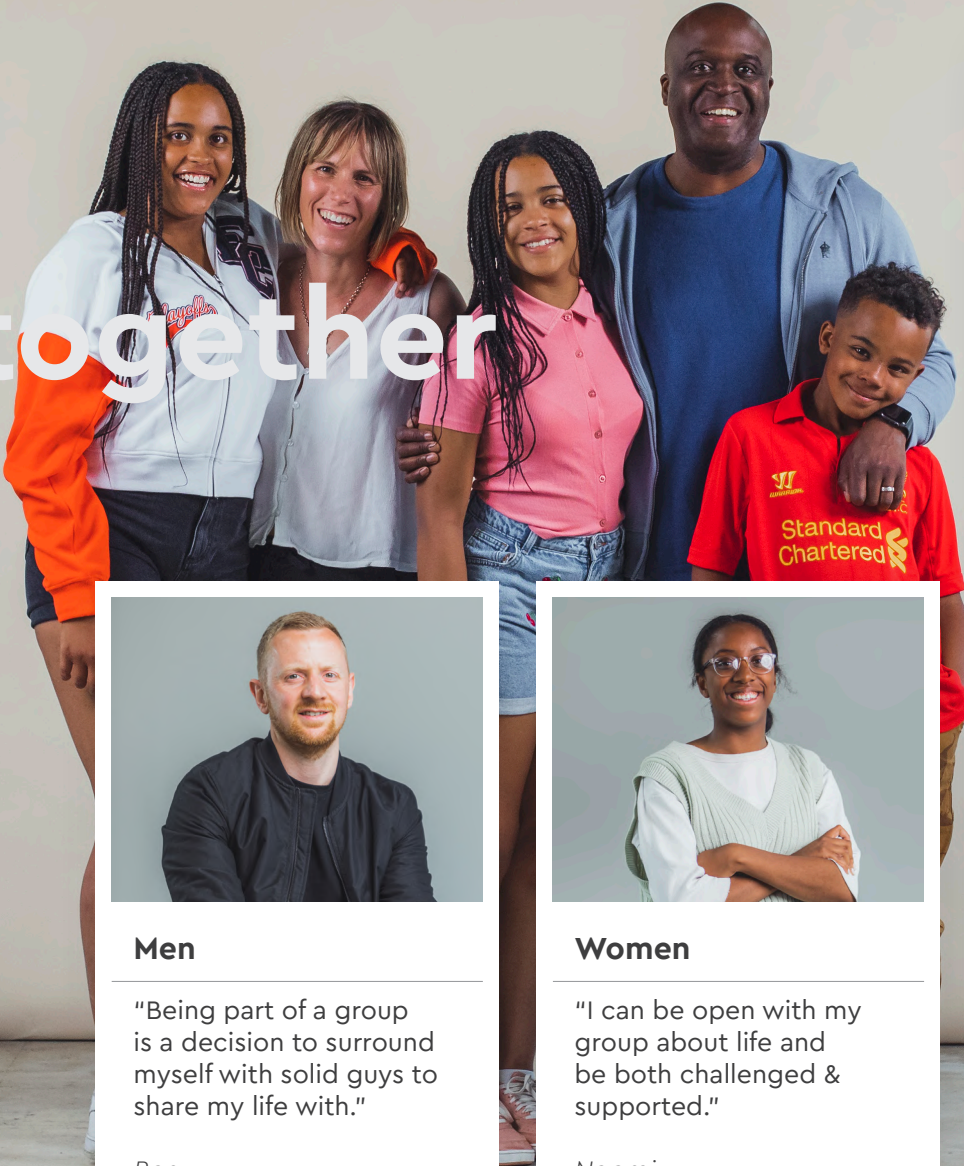


Women

"I can be open with my group about life and be both challenged & supported."

Naomi

Doing life together



Families

It is amazing to be part of a family group. There is a sense of belonging and feeling part of something, like you have a new family where people really know each other and look out for each other. The opportunities for our children to get to know others in the church is so meaningful, as it gives a solid foundation for them to grow up in the faith with a biblical foundation and friends who believe what they do. We know people in our group are there for us, and it's incredible to be able to pray for each other and for others outside the group. We have a non-confrontational environment where anyone is welcome, whether they're in church or not and we can invite people who may not normally be part of a big gathering.

Cliff & Jo

Find a life group at renewalcc.com/groups

Support Groups

Our support groups are there to help you through the ups and downs of life. Mental well-being, support in pregnancy and parenting, bereavement and relationship support are just a few of the things on offer.

Relationship Support

Preparing for marriage, couple to couple mentoring, marriage strengthening, divorce and separation course.

Parenting Support

Groups designed to help and equip parents, from fostering and adopting, to toddler and teenage parenting.

Bereavement Support

Groups for people experiencing loss, whether the loss is a parent, child, partner, friend or family member.

Lifestyle & Wellbeing

Offering help for life's challenges such as addiction recovery, mental wellbeing and dementia support.

Together through the ups & downs

Navigating Grief Group

A few weeks after attending Renewal, I started attending a young adult's group, and little did I know I would need this group of people more than ever. We met twice a month and discussed the week's message, shared food and did life together. Not long after joining, my mum got sick and sadly passed away a few weeks later.

This has led to me starting a new group, Navigating Grief: Stronger Together, for younger adults who have been bereaved. Our hope is to connect people with similar experiences to support each other and share in our loss. It's like having an extended family, knowing people have your back through thick and thin and is just an amazing way of getting to know people.

Kat



Scan the code to find out more

Find a support group at renewalcc.com/groups

Workplace Groups

Connecting
you with
other
professionals

Business people, lawyers, teachers, healthcare professionals and entrepreneurs – these groups connect you with others in similar workplaces, helping and motivating you in your sphere of influence.

Business Women Of Faith Group

"We started the Business Women of Faith group to focus on how our faith impacts our work and to be a space of accountability and encouragement.

It has been so good to bond with other women who have their own businesses, to encourage one another and pray into some of the difficulties and challenges we face each month, as well as share answers to prayers."

Becky

Find workplace and outreach groups at renewalcc.com/groups

Outreach Groups

Reaching
our
community
together

Our community outreach groups serve people through group projects, events and day to day activities. Our cultural outreach groups bring people together for friendship, guidance & specialist support.

South African Group

"Moving to a new country is a daunting process and the reality is that you need as much help as you can get as you adapt to your new home.

Being part of a group of people with similar stories and backgrounds to our own really helps, not only in settling in with support and guidance but also when things get tough.

Our new friends have become like family as we merge into UK culture."

Georg

Growth Groups

Whether you're just exploring Christianity or want to dig deeper into God, the Bible and life's big questions, our growth groups are here to help you develop your faith.

Leadership Growth

Invest in leaders to continue to grow and develop.

Bible Study

Find out more about the Bible – and dig deeper into any of our topics.

Prayer

Explore everything about prayer and spend time in prayer with others.

New Believers

Discover Christianity and start your journey into faith.

Alpha Group

"What would becoming a Christian look like, had I got God wrong and what was the true meaning of life? Alpha helped me answer these questions and many more. My Alpha group ran online and despite initial reservations, it's one of the best decisions I've ever made.

I instantly felt safe within my group, thanks to the most amazing leaders who were down-to-earth and 'real' people who I could trust. Within a couple of weeks, I felt a strong connection to the other members of the group too and I looked forward to Wednesday evenings. It was my safe space; a place where I felt totally at ease to be myself and share my feelings about both my faith (and lack of it) and life in general. It was here that I realised what had been missing in my life; that emptiness, discontent, and despair were all the result of me turning my back on the person who loved me the most. God never left me, he was just waiting patiently for me to reconnect and when I did, I felt more loved than I ever thought was possible.

Two years on, I'm so grateful for this group and I've made life-long friends. I genuinely feel part of a loving family at Renewal. There are so many people in my life who I can turn to for support and guidance, without fear of judgement, and if I'm feeling lost or down, they are my go-to people."

Rachel

Question Discuss Connect Learn



Scan the code
to find out more

Find growth groups at renewalcc.com/groups

Interest Groups

Groups range from golf to theatre, painting to creating and backgammon to singing.

This is where you can meet like-minded people to hone your skills, enjoy culture, play a sport, or set new challenges.

Sports

From rambling to trail running, table tennis to football – be active and healthy together.

Leisure

Groups that meet to discuss books, watch films, play games and even sing songs.

Creative

Encouraging you to grow in creativity – from craft and calligraphy, to theatre and acting.



Scan the code
to find out more

Find interest groups at renewalcc.com/groups

Grab a coffee, read a book, play a game, make a masterpiece. Find others to share your interests.

Lettering God's Word Group

I have always been in a group of some kind – these have changed over the years to suit the seasons we are in, but the one thing that remains the same is the connection, love and support we give and receive in these groups. I recently took up a new hobby... hand lettering! This time of writing, especially scripture, provided calm in the storm of uncertainty and helped me to stay focused on God's promises whilst being creative. I felt that sharing this hand lettering time with others would be great and so our group 'Lettering God's word' started. The group is open to anyone who is interested in lettering – no experience is required! We meet once a month on a Friday, drink tea, eat biscuits, talk (a lot!), laugh, cry, write, share, but above all love and support one another.

René

How to join a group

We have an up-to-date list of all the groups you could be a part of on our website.

Visit renewalcc.com/groups and search by day of the week, category, location or interest to find the right group for you.

When you've found the group you like the look of, tap 'sign up', fill in your details and a member of our team will be in touch to connect you to the group.

If you can't find what you're after, contact our office on **0121 711 7300** or email us at groups@renewalcc.com.

When groups meet

Groups officially run between September and July, with a summer break.

Meetings are flexible through the week to meet the needs of the group. Pick a day and time!

Where groups meet

Homes, coffee shops, parks, sports clubs, online or at a Renewal location: groups meet anywhere!

How to start a group

Do you like bringing people together? Why not start a group?

If you're part of the Renewal family and interested in starting a group we'd love to hear from you.

Send us an email at groups@renewalcc.com and we'd love to connect with you.



Scan the code to find out more





Renewal Christian Centre – Lode Lane, Solihull, B91 2JR.
Charity Number 1117019. Registered in England & Wales No. 5996380