

# Love – Week number 6 – Different Kinds Of Love

Connect and review	
<p>Welcome any newcomers and ensure everyone knows everyone else's name. Encourage everyone to share something they learnt from last week.</p>	<p>Brief recap on last week. Sharing about personal reflections on last week's suggested activities, namely, 'Identify 2 or 3 qualities of love found in <b>1 Corinthians 13:4-8a</b> and then find ways to show these in the coming week.'</p>
Inspire and engage	
<p>There is no set way to present material, just go the way that suits you. Try to use most of the Bible verses.</p>	<p>People love uniquely, i.e., love comes in a variety of ways. The American psychologist, Dr. Sternberg, argues that love is a triangle made up of: (i) intimacy; (ii) passion; &amp; (iii) decision/commitment. This week we will look at how Greek society understood love and how this is reflected in the Bible [<i>remember the New Testament was written in Greek</i>]. According to the Greeks only 8 types of love existed:</p> <ol style="list-style-type: none"> <li>1. Family love – STORGE [<i>stor-jay</i>], e.g., the unconditional loving bond between parent and child. See <b>Deuteronomy 6:6</b>.</li> <li>2. Marital love – EROS [<i>air-ohs</i>], commonly associated with romantic, passionate love, especially new relationships. See <b>Ephesians 5:28</b>.</li> <li>3. Unselfish universal love – AGAPE [<i>ug-gah-pay</i>], based on empathy [= <i>compassion, understanding and sharing another's feelings</i>], not feelings. See <b>1 Peter 4:8</b>.</li> <li>4. Brotherly love – PHILEO/PHILIA [<i>fill-eh-oh</i>], i.e., intimate, authentic friendship, e.g., David &amp; Jonathan. See <b>Ephesians 4:32</b>.</li> <li>5. Obsessive love – MANIA, where a person is "addicted" to another.</li> <li>6. Enduring love – PRAGMA, committed, companionate love. See <b>Psalms 136:1+2</b>.</li> <li>7. Playful, flirtatious love – LUDUS. See King Solomon and his maiden in the <b>Song Of Solomon</b>.</li> <li>8. Self-love – PHILAUTIA, before loving anyone else we need to learn to love ourselves.</li> </ol>
Explore and apply	
<p>Attempt one exercise at a time and only use them all if time allows. Try to encourage Q &amp; A and discussion but avoid personal/private answers. PRAGMA examples include Abraham &amp; Sarah, Adam &amp; Eve &amp; Jacob &amp; Rachel.</p>	<p><b>Explore</b></p> <ol style="list-style-type: none"> <li>1. David's attitude towards his sons: see, e.g., <b>2 Samuel 3:2-5; 13:1+14+21; 18:14+33</b>.</li> <li>2. How easy is it to always do what is right in God's sight, while at the same time showing STORGE or PHILEO to another who is close to you?</li> </ol> <p><b>Apply</b></p> <ol style="list-style-type: none"> <li>1. What examples can you find of PRAGMA in the Bible?</li> </ol>
Reflect and review	
<p>This helps to show what has been learned and what may need to be reinforced.</p>	<p><i>Personal reflection:</i></p> <ol style="list-style-type: none"> <li>1. Has your love for another ever veered towards MANIA, and if so how did you handle the situation.</li> </ol> <p><i>Suggested activity</i></p> <ol style="list-style-type: none"> <li>1. Consider prayerfully how much you demonstrate PHILAUTIA.</li> </ol>