



Identity – Week 8 – Salt and Light: out and about everyday

Connect and review	
Short recap of previous session/sessions.	<p>Address any questions from last week.</p> <p>Choose an icebreaker to start the session.</p> <p>The objective this week is to realise and utilise my potential in everyday life.</p>
Inspire and engage	
<p>These notes are for a starting point – you can add your own ideas and present them in your own style.</p> <p>Some of these issues may need to be covered by an expert : contact Renewal pastoral team for advice.</p>	<p>Read Matthew 5:13-16. What does Jesus mean by “salt” and “light”?</p> <p>Watch You Tube video “Salt and light in 90 seconds or less!”</p> <p>Allow reflection on this if appropriate.</p> <p>Helping others is dependent upon:</p> <ul style="list-style-type: none">• Knowing Scriptures• Being a good listener• Being aware of relationship skills and safeguards• Setting boundaries
Explore and apply	
<p>These exercises are in the attendees’ notes. As you consider each in small groups or pairs allow 1-2 groups for short feedback before moving to the next exercise.</p>	<p>Explore We are called to be active not passive Christians. We are to spread abroad God’s love, peace and joy to all we meet.</p> <p>How can we do this? Discuss in pairs. Let a few share ideas with the whole group.</p> <p>Apply Think of examples in Scripture where people put others before themselves. Allow a short time to share some of these. (some for your reference – Jesus Jn 4, Jn 6, Luke 8:26 – 56 etc ; Act 3:36 ; 1 Kings 17:10 ; Esther)</p>
Reflect and review	
<p>This area is vital to see how much has been taken on board. Make sure each one in the room (including you) has at least one action point to leave with!</p>	<p><i>Personal reflection:</i></p> <p>How am I going to build a good relationship with 1 or 2 close friends to develop my Christian walk?</p> <p><i>Suggested activity:</i></p> <p>Read through the notes from all 8 weeks of “Identity”. Ask yourself have I grown spiritually over this time? Do I have a better understanding of who I am in God and my role in the Body of Christ? What steps am I going to take to utilise my potential in everyday life?</p> <p>Remember to keep using your journal with God!!!</p>